

“Building a New You: #NewAttitudes”

Ephesians 4:25-5:2

Pastor Jim Oakley – May 5, 2019

Living your new identity means replacing destructive attitudes with productive ones and cultivating a tender heart.

1) PUT OFF THE DESTRUCTIVE, PUT ON THE PRODUCTIVE (v. 25-30)

- a) LYING/SPEAK TRUTH
- b) UNBRIDLED ANGER/CONTROLLED ANGER
- c) STEALING/WORK HONESTLY
- d) DESTRUCTIVE SPEECH/SPEAK EDIFYINGLY
- e) LIVE TO PLEASE GOD

2) CULTIVATE A TENDER HEART (v. 4:31-5:2)

READ AHEAD FOR NEXT WEEK: Ephesians 5:3-17

Discussion Questions

ICEBREAKER: It's said, "Imitation is the sincerest form of flattery." Who did you look up to and imitate when you were younger?

- 1) What could "speaking falsehood" entail?
- 2) What motive is given for speaking truth to one another?
- 3) What are some constructive truths you can speak to your brother or sister in Christ?
- 4) Is anger explicitly a sin according to our passage?
- 5) Why is unchecked anger so dangerous for individuals and the community?
- 6) What is our motive for working honestly and not stealing?
- 7) What are some examples of corrupt talk and edifying talk?
- 8) What motivations for edifying talk are we given in the text?
- 9) How can the destructive behaviors above grieve the Holy Spirit?
- 10) Which attitudes of the heart (bitterness, wrath, anger, clamor, slander, malice, etc.) do you struggle with?
- 11) How can we grow in our Christlike tender-heartedness towards one another?
- 12) How can we encourage one another to "walk in the way of love" today?
- 13) How can we pray for you this week?